

# Feb 2011

## PO Box 368, Spring Hill, Qld, 4004

#### **COMING EVENTS**

## THE BOARD



United Service Club 6.30 for 7pm Advancement Grant awards

Dinner Meeting — Mon 14 February

Board meeting — Wed 23 February 6.16pm Qld Newspapers Bldg

The Yellow rose the Zonta symbol

'Girl Clock' Movie night — Wednesday 2 March 2011 6pm Refreshments, 7pm Movie Followed by Q & A with director & cast

Dinner Meeting — Mon 14 March United Service Club 6.30 for 7pm Guest speaker TBA

Area meeting — Saturday 19 March Eagle Heights Mtn Resort Hotel, Tamborine 8am — 4.30pm

<b>Committees</b>	<u>Meetings</u>
Status of Women Service	
Awards Sub-Committee	Meets prior to Dinner Meeting at USC 6.00
Chair: - Gina Brosnan	pm.
brosnang@brigidine.qld.edu.au	
Service and LAA Sub-Committee	
Chair: Jennie Watt jenniewatt@westnet.com.au	Meeting held to con- sider applications
Organisation, Membership and	
Classification	Meets prior to Dinner
Chair: Pamela Beavis	Meeting at USC 6.00
pambeavis@optusnet.com.au	pm.
United Nations	
	Meets prior to Dinner
Chair: Patricia Rego	Meeting at USC 6.00
p.rego@uq.edu.au	pm.
Public Relations and Communi-	M ( ) ( B)
cations	Meets prior to Dinner
Chair: Maggie Williams	Meeting at USC 6.00 pm.
maggie.will1@bigpond.com	piii.
Parliamentarian	
Barbara Newton	

President: Margaret Marshall
Vice President: Maggie Williams
Corres. Sec: Jenni Jolly
Minutes Sec: Anne Vinning
Treasurer: Karen Peterson
Directors: Therese Murphy
Pauline Guthrie
Maree Crawford

Reminder

Kara Bowman

Apologies for Dinner Meeting to Noreen Gorman (3371 5752) by 9.00 am on Friday 11 Feb 2011.

Without an apology, payment of \$40.00 is obligatory.

If you are bringing guests to the Dinner Meeting please advise Noreen

Any special dietary requirements – please let Noreen know.

Please wear your Name Badge!

#### **A Zonta Grace**

Whatever your country of birth
Whatever your faith or creed
Give thanks for the meal
We share today in Zonta fellowship
But remember too, those who have
no food
Not with guilt that we have too
much,
But with hope that they may come to
share the same
Through peace and harmony

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Visit ZONTA on the web

Explore the District website for current information

www.zontadistrict22.org

Read about the International Service projects on the ZI website <u>www.zonta.org</u>

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#### **President's Update**

What a devastating start to 2011 for so many people in Queensland. I am sure you have all felt the despair and distress experienced by so many, from the images of flood inundation of homes and businesses. Unfortunately, Lynette one of our members, did experience significant loss of her house belongings and garden when the river engulfed her ground floor. I have spoken with Lynette and while this has not been a happy experience, she is fine and says she will wait a while before making any big decisions. I was pleased to receive offers from a number of members prepared to assist in any way and I was able to convey this offer to Lynette.

There were also other members who were somewhat affected with water in basements resulting in loss of power and the need to evacuate for a period of time. As far as I can discern most of these members are now back home. In reality we probably all know of friends or colleagues that are struggling to deal with their situation. The message delivered from our District Governor confirmed that any financial donations to flood appeals needs to be from us as individuals — Trish did provide some ideas for support a club might undertake apart from using our Zonta funds. This may be an activity our club could explore at the February meeting.

What an enjoyable, happy affair our Christmas party was at the end of last year. Thanks go to Narelle for her generous raffle contribution of a home made Christmas cake. Peggy was the lucky winner of the raffle. How lovely it was to have Therese accompany us on the piano for our rendition of Christmas carols. The programming committee did a great job organising the affair, decorating the room & tables and raising our competitive spirits with a fun Christmas trivial pursuit. Thank you to all of Maggie & Noreen's team.

**Advancement Grant Awards** 

At our February meeting we welcome the successful Advancement Grant Awardees:

- Fanto Lako Chris Christensen Grant
- Ella Smith and Louise Ryan Club Grant

We look forward to hearing a little about their future plans and goals.

Thanks are also due to everyone who brought toiletry items to the Christmas party. Bundled sets were prepared and delivered at the start of the school year to the Acacia Ridge Murri School.

In terms of our activities, we have now packed 600 birthing kits (see later article) and our preparations for the movie night are well in hand. All members will be asked to promote the movie night to be held 2 March 2011. Four tickets will be provided to all members at the February meeting for distribution to friends and colleagues. It is a fundraising event featuring the film "Girl Clock" to be shown at the Regal Cinema, Graceville commencing with wine and refreshments. The tickets will be \$25 each and we hope to sell around 180 tickets.

As we all would know from our weekly shopping trips, food prices have risen and the United Services Club have advised that the cost of the evening meal as of February 2011 will increase by \$2 to \$39. The Board has endorsed that members be asked to agree to pay \$40 at the next meeting to cover the cost of extra meals for guests and to make the payment neater!

For those not present, it was agreed by members at the Christmas dinner meeting that the annual fees for Zonta membership will increase to \$170 for 2011/12 FY. Invoices have been sent out and payment is required by 14 March 2011.

Despite the difficult start to the year, I hope that 2011 will be a productive year for our club. I have received some helpful feedback and so with the club's agreement we may look to modify some of the way we do things.

Did you guess who the featured member was in the December issue? These snippets of information came from Kara. We may look to present small biographies in the next few issues to increase our knowledge of one another.



Therese accompanies all the carol singers at the Christmas party

For your diary

Area Meeting

19 March

District
Conference
In Brisbane
23-25
September
2011

## I'm putting my hand up to ...

When I was young I enjoyed making models, restoring and repairing toys and finding out how things worked. This means I've been able to put up my hand to clean up really fiddly items coated in mud by the flood. We are a talented and resourceful group of women so is there some skill you have which could help out? It may be you know someone who has the necessary skill. One tip I've picked up is to let wooden furniture dry out thoroughly before trying to repair or restore it. I'm still searching for tips on how to repair a treasured small Bible... Barbara N

### 600 Birthing Kits on their way to Malawi

The assembly of 600 birthing kits was successfully completed on Saturday 5 February in Brisbane West Senior Citizens Centre, Paddington. On a hot, humid day we had on one table with-Jennie, Pam, Anne and Collette folding plastic sheets, Gina was the soap cutter and Trish and Paulette were happy string cutters. On the second table there were the teams of packers that included Glenda, Gary, Jenny, Jenni, Narelle, Rita, Maggie, Glenis, Vicky, Mel, Therese and Chieko. Everyone worked industrially and by midday we had 430 kits packed. The afternoon shift soon reached the 600 target and then relaxed a bit feeling most satisfied. The kits were mailed out in three 17 km bags to Mzumu in Malawi. A most worthwhile job undertaken in a willing collegial way. Well done to all those who volunteered their time both Zontians and friends.



birthing kits

## Volunteer packers assembling

#### Can we also make breast cushions?

Ros Kinder, contact person for the Zonta breast cushion network, has written to clubs seeking additional support from Brisbane clubs to help supply RBWH with 50 breast cushions a month. We already have a pattern and if materials can be sourced, are there members of our club who would be willing to contribute to the making of these cushions on a regular basis? I would appreciate if you could let me know if this is a possibility and whether you can help out.

## Some people are looking for lost recipes — try this one

#### Soy marinated beef fillet on coriander noodles

¼ cup soy sauce

1 tbs honey

1 tbs sesame oil

1 tsp grated ginger

4 garlic cloves, finely chopped

2 tbs oil

1 kg piece beef fillet or sliced steak 250g thin rice noodles or soba noodles

1/4 cup fish sauce

2 long red chilies, seeds removed, chopped

¼ cup caster sugar

1/4 cup rice wine vinegar

1/4 cup lime juice

75g roasted peanuts, chopped 1/3 cup chopped coriander

snow pea sprouts for serving

Whisk soy, honey, sesame, ginger and half garlic in a dish. Coat beef in marinade, then refrigerate for 30 mins.

Sear beef for 1-2 mins on each side over med-high heat in a flameproof roasting pan, transfer to 190°C oven and cook until done to your liking. If using sliced steak, cook in fry pan.

Soak or cook noodles according to packet instructions.

Shake fish sauce, chili, sugar, vinegar and lime juice in a screw top jar to combine. Toss half the dressing with the noodles, coriander and nuts.

Slice the beef and serve with the noodles and sprouts, drizzled with the remaining dressing. (Contributed by Anne Vinning from Delicious magazine) Serve and enjoy!

**International** days coming up

20 Feb **World Day of Social Justice** 

8 March International **Women's Rights** and International **Peace Day** 

#### Vulcana Women's Circus .....

**Vulcana Women's Circus** a recipient of one of our service grants in 2010, sent the following December report to the club.

"We here at Vulcana thank you very much for the grant that has assisted us greatly with our community project 'Grave Effects'. The project has been completed for this year and culminated in a showing on site at the Toowong Cemetery on 5 Dec. We had an invited audience of around 30 people whom we guided around the cemetery as we animated the stories of notable women who are buried there. It was a beautiful night, sans rain, and all the participants performed to their best abilities.

During the project we helped to nurture and train a number of women who are marginalized to some degree. There was young Meg form our flexi school who grew and blossomed and gave a touching performance on the night. Sally who is completely deaf form birth performed a difficult acro-balance routine on top of Emma Miller's grave with great assuredness. There were a number of other ladies, whose names I won't mention, who, struggling with mental illness, found the project inspiring and grounding.

Without your support these ladies would have not had this strengthening experience. We have applied to Brisbane City Council to fund the development of this project with a view to doing a full show over a week next April. All the participants were keen to further develop their skills and we will hopefully attract more women to the project who may benefit from the process."

Feedback

from our

**Service** 

**Projects** 

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2010...

## **Literacy Project — Community Living Association .....**

The following report was received this month from the Young Women's Literacy project

"The Young Women's Literacy Project has been working with three young women who have a refugee background. Two of the young women have consistently been working alongside their volunteers and have included the weekly literacy sessions as part of the routines.

The young women have progressed with their identified goals and are enjoying discussing their progress.

The relationship between the volunteers, the young women and their children has been developing and there have been some lovely experiences shared. The current volunteers are viewed by the young women as part of their support system. To continue to allow the volunteers to concentrate on building relationships and focus on identified literacy needs the Strong Families Worker has been following up on issues which impact on the young women's lives and their families. The Strong Families Worker has been linking the young women in with other appropriate services.

The Child Care Support Worker has unfortunately resigned and Strong Families is currently in the process of recruiting another Child Care Support Worker. The young women and volunteers have identified that the Child Care Support Worker really assisted in allowing the young women to focus on the literacy sessions. The children also enjoyed being able to receive one to one attention based on fun and engaging child focused activities.

The Strong Families Worker has engaged with other community organisations that provide services to young parenting women who have refugee backgrounds to offer the literacy project, support referrals and case co-ordination. The Strong Families Worker is continuing to engage with and inform multicultural services and networks about the Young Women's Literacy Project. The Strong Families Worker is continuing to identify other funding opportunities to continue the success of the Young Women's Literacy Project.

Again Community Living Association would like to thank Zonta for their financial support and encouragement. CLA looks forward to attending the Zonta - Young Women's Literacy Project fundraiser and continuing the relationship which supports young parenting women advance their lives through improvement of literacy levels."